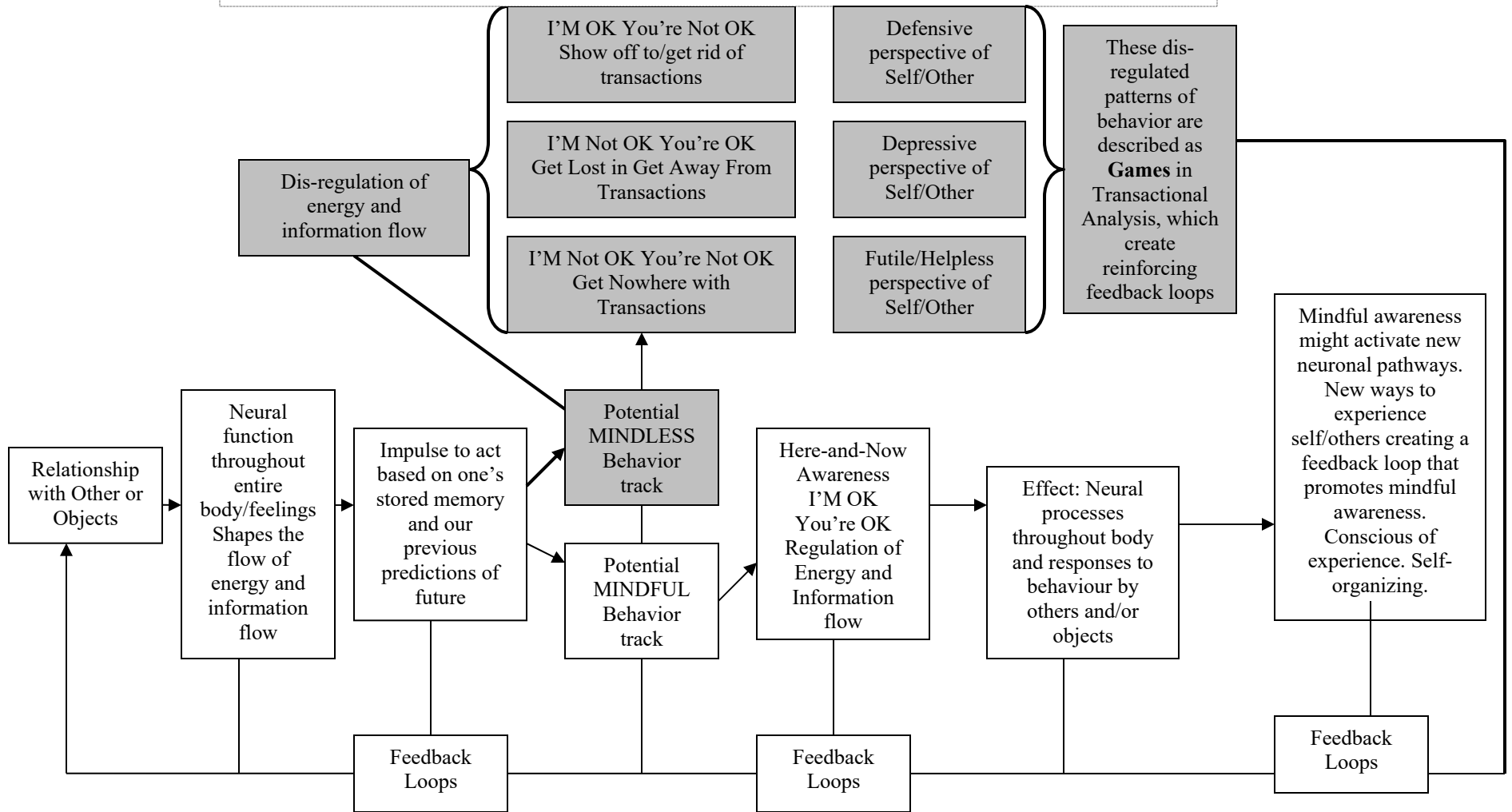


MINDFUL - MINDLESS FLOW CHART



Modified from: Plutchik's (1983) causal model for emotion in general In: Sroufe, L.A., (1995) Emotional Development: The Organization of Emotional Life in the Early Years. Cambridge University Press, Cambridge, UK.